

MAY | 2023

EAST KNOX HIGH LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 MEATBALL SUB CHICKEN PATTY/BUN PRINCE CHARLES DICED PEACHES MILK	2 FRENCH BREAD PIZZA DELI SUB CARROTS APPLESAUCE MILK	3 BAKED POTATO BAR ASST CHICKEN WRAP BROCCOLI PINEAPPLE MILK	4 MARZETTI/BREADSTICK QUESADILLA MIX VEGGIES MANDARIN ORANGES MILK	5 CHICKEN STICKS/ROLL MEXICAN PIZZA CAULIFLOWER MIXED BERRIES MILK
8 PIZZA SUBS CHICKEN PATTY/BUN TATER TOTS DICED PEARS MILK	9 MASH POTATO BOWL DELI SUB CORN MIX TROPICAL FRUIT MILK	10 CHICKEN & NOODLES ASST CHICKEN WRAP PEAS & CARROTS PINEAPPLE MILK	11 LASAGNA/BREADSTICK CALZONE CALIFORNIA BLEND MANDARIN ORANGES MILK	12 PICNIC DAY BURGERS/BUN HOTDOGS/BUN BAKED BEANS FRESH FRUIT
15 BBQ PORK/BUN CHICKEN PATTY/BUN COLE SLAW DICED PEACHES MILK	16 SALISBURY STEAK/ROLL DELI SUB MASH POTATO/GRAVY APPLESAUCE MILK	17 CHICKEN POT PIE/BISCUIT ASST CHICKEN WRAP CARROTS PINEAPPLE MILK	18 SPAGHETTI/BREADSTICK QUESADILLA GREEN BEANS MANDARIN ORANGES MILK	19 POPCORN CHICKEN/ROLL ASST PIZZA SCALLOP POTATOES FRUIT MILK
22 TACO IN A BAG CHICKEN PATTY/BUN BLACK OR REFRIED BEANS	23 GENERAL TSO CHICKEN FRIED RICE & EGG ROLL DELI SUB FAR EAST VEGGIE MIX TROPICAL FRUIT	24 BURGER BAR ASST CHICKEN WRAP HASH BROWN PINEAPPLE MILK	25 CHICKEN ALFREDO CALZONE SWEET POTATO MANDARIN ORANGES MILK	26 CHICKEN/ROLL ASST PIZZA AU GRATIN POTATES FRUIT MILK
29 NO SCHOOL	30 MINI CORN DOGS CHICKEN PATTY/BUN SOUTHERN WHITE BEANS APPLESAUCE MILK	31 MAC & CHEESE/SLOPPY JOE ASST CHICKEN WRAP VEGGIES PINEAPPLE MILK	1 CHICKEN PARM/BUN QUESADILLA/CALZONE VEGGIES MANDARIN ORANGES MILK	2 DOMINO'S CHEESE OR PEPPERONI GREEN BEANS FRUIT MILK

News
 CHEF SALAD/CROUTONS
 FRESH SEASONAL FRUIT
 FRESH VEGGIE BAR

MENU IS SUBJECT TO CHANGE

BREAKFAST IS FREE TO ALL STUDENTS

USDA IS NO LONGER OFFERING FREE LUNCH FOR ALL STUDENTS.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

BULLDOG HAPPENINGS
 23RD SENIOR LAST DAY
 26TH SENIOR GRAD PRACTICE
 JUNE 3RD GRADUATION 7PM

GOOD LUCK CLASS OF 2023
 MAY ALL YOUR DREAMS COME TRUE!!!

#FOREVERBULLDOGS

