



JANUARY | 2022

East Knox Elementary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Chicken nuggets Green beans Peaches Milk</p>	<p>4 Grilled Cheese Chips Fruit cup Milk</p>	<p>5 Cheeseburger French fries Tropical Fruit Milk</p>	<p>6 Pancakes Hash browns Sausage Mandarin Oranges Milk</p>	<p>7 Mozzarella cheese sticks Marinara Fresh fruit and veggies Milk</p>
<p>10 Chicken Patty Scalloped Potatoes Pears Milk</p>	<p>11 Chili Cheese nachos Broccoli Applesauce Milk</p>	<p>12 Hot Dogs Baked beans Fruit Cocktail Milk</p>	<p>13 Boneless Chicken wings Potato wedges Pineapple Milk</p>	<p>14 </p>
<p>17 </p>	<p>18 Soft Taco Corn Fruit cup Milk</p>	<p>19 Salisbury steak/roll Mashed potatoes/gravy Tropical fruit Milk</p>	<p>20 Spaghetti/Meat sauce Green beans Mandarin oranges Milk</p>	<p>21 Cheese pizza Fresh fruit and veggies Milk</p>
<p>24 Popcorn Chicken Mashed potatoes/gravy Peaches Milk</p>	<p>25 Walking taco Black beans Applesauce Milk</p>	<p>26 Macaroni & Cheese/roll Broccoli Fruit cocktail Milk</p>	<p>27 Ravioli Salad Garlic toast Pineapple Milk</p>	<p>28 Dominos Fresh fruit and veggies Milk</p>
<p>31 Chicken sticks French fries Pears Milk</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

News

Menu is subject to change

Offered daily: Chef salad with croutons

PB&J with a cheesestick

Bulldog lunchable

Fresh fruit and veggies