



FEBRUARY | 2019

EAST KNOX JR/SR HIGH LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30 FREE/REDUCED APPLICATIONS ARE AVAILABLE IN THE JRJ/SR OFFICE & AT ekschools.org	31	1 DRUMSTICK/ROLL OR PEPPERONI PIZZA AU GRATIN POTATO PEACHES MILK
4 PHILLY SUB OR CHICKEN PATTY/BUN CALIFORNIA BLEND PINEAPPLE MILK	5 BBQ PORK/BUN OR DELI SUB BAKED BEANS MIX TROPICAL FRUIT MILK	6 MEATBALL SUB OR ASST CHICKEN WRAP MIXED VEGGIES PEARS MILK	7 MASH POTATO BOWL/ROLL OR DELI SUB CORN MANDARIN ORANGES MILK	8 CHEESEBURGER/BUN OR CHEESE PIZZA FRENCH FRIES PEACHES MILK
11 GRILLED CHEESE OR CHICKEN PATTY/BUN TOMATO SOUP PEARS MILK	12 CHICKEN QUESADILLA OR DELI SUB CARROTS APPLESAUCE MILK	13 MARZETTI/BREAD STICK OR ASST CHICKEN WRAP SUCCOTASH PINEAPPLE MILK	14 BURRITO BAR OR DELI SUB BLACK OR REFRIED BEANS MANDARIN ORANGES MILK	15 
18 	19 CALZONE OR CHICKEN PATTY/BUN SCANDINAVIAN VEGGIES PEARS MILK	20 FISH STICKS OR ASST CHICKEN WRAP PRINCE CHARLES VEGGIE FRUIT COCKTAIL MILK	21 CHICKEN PARMESEAN BREADSTICK OR DELI SUB NORTHWEST VEGGIE APPLESAUCE	22 DOMINIOS PIZZA CORN STRAWBERRY CUPS MILK
25 MIINI CORN DOGS OR CHICKEN PATTY/BUN SOUTH WESTERN BEANS PEARS MILK	26 FRENCH BREAD PIZZA OR DELI SUB CORN PINEAPPLE MILK	27 MINI BURGERS/BUN OR ASST CHICKEN WRAP HASH BROWN MANDARIN ORANGES MILK	28 SPACHETTI/MEATSAUCE BREADSTICK OR DELI SUB CAPRI VEGGIE PEACHES	1 JR/SR LUNCH PRICES LUNCH \$2.50 REDUCED \$.40 MILK \$.50

News
OFFERED DAILY:
CHEF SALAD/ CRACKERS
FRESH SEASONAL FRUIT
VEGGIE BAR

MENU SUBJECT TO
CHANGE!!

BREAKFAST IS FREE
TO ALL STUDENTS!!!!

BULLDOG HAPPENINGS:
NO SCHOOL 15TH & 18TH
JR CLASS ACT TEST 20TH
FFA BANQUET 20TH



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